



BayArea Retina Associates

Diseases and Surgery of the Retina and Vitreous

Photodynamic Therapy

Photodynamic Therapy (PDT) is a kind of retinal laser treatment first approved in 2003 and currently used for a variety of diseases. PDT involves the infusion of a light-sensitive medicine (Visudyne) into your body through an IV, followed by the application of a laser to the retina, resulting in a sealing of the blood vessels in the treated area.

AVOID LIGHT EXPOSURE AFTER PDT

Because Visudyne is light sensitive and because it is infused throughout your body, it is critical to avoid direct sunlight or bright light exposure to your skin for 5 days after PDT treatment. Bright light includes but is not limited to:

- Bright sunlight
- Tanning salons
- Halogen lighting in homes and offices
- Lighting used in dentist's offices or surgery operating rooms

Please note that sunscreen is not effective in protecting your skin from a photosensitivity reaction.

SKIN PROTECTION AFTER PDT TREATMENT

Wear a long sleeved shirt and pants, gloves, a wide-brimmed hat and sunglasses after your treatment. Make sure to bring these items with you to the PDT laser appointment so that you can protect your skin as you leave the office and return home. Wear tight-knit, lightly colored fabrics if possible. Stay away from undraped windows or skylights while at home. If possible, wait until sundown to do outdoor chores.

**In case of emergency or to report any type of photosensitivity reaction,
please call our office directly.**



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Locations

Antioch | Castro Valley | Fremont | Oakland | Pleasanton | San Leandro | Tracy | Vacaville | Vallejo | Walnut Creek

(800) 5-RETINA (573-8462) | www.BayAreaRetina.com

Bay Area Retina Associates is a group practice of retinal surgeons. All members of the group are board-certified by the American Board of Ophthalmology and have completed fellowship training in the medical and surgical care of retinal diseases. All BARA surgeons have expertise in the treatment of common diseases such as age-related macular degeneration, diabetic retinopathy and retinal detachment, as well as rare diseases. We have served the Bay Area community for more than 40 years.